



EMMANUEL COLLEGE

VAZHICHAL, THIRUVANANTHAPURAM

A Latin Catholic Institution | Affiliated to the University of Kerala

WOMEN CELL

ANNUAL REPORT

2022-2023

Women's cell of Emmanuel College, Vazhichal conducted a motivational class for the selected female students. The motivational session was arranged by Rexona Confidence Academy on 30/11/2022. The session was handled by Anju Ben Banu of academy. She gave an interesting talk which aimed at empowering and motivating students. Some interacting sessions and tasks were given to the students for improving their confidence. Rexona deodorant on packs were given as complement to both students and teachers.

A seminar on women's self defence and safety was conducted on 12/12/2022. The two hours afternoon session was arranged by Kerala Police Department. Two police officers from Aryankode Police Station and three women civil police officers were present for the seminar. Selected female students of various department attended the seminar. Awareness on importance of self defence, defence mechanisms were taught to the students.

Women's cell, Emmanuel College Vazhichal celebrated women's day on 08/03/2023. In connection with that an essay writing competition and drawing competition was held. Drawing competition was held on the topic "**New India In Your Imagination**". Mahanya M of S2 MSc physics and Krishna of S2 Mcom secured first and second position respectively. Essay Competition was held on the topic '**Atrocities against women.**' Alice James of S2 MSc physics and Reshma F S of S4 MA got first and second prize for English essay writing. Shilpa George of S2 MCom and Athulya A C of S6 BCom Tax secured first and second prize respectively for Malayalam essay writing and Malavika L S of S4 MSc physics and Rejitha Rajendran of the same class got first and second prize for Hindi essay writing competitions.

On 14/9/22, at 10 am, Dr. Priya Jakesh (Asst. Prof VTMNSS College) headed an clan on ' Food and Nutrition ' exclusively for girls. 55 students attended the clan.

With 40 students attending the seminar, on 7/2/23, at 11 am, Dr. Anju L.S (Asst. Prof. WMC of Arts and Science) led a section exclusively for girls on ' Understanding Gender roles'.

Under the direction of Women's study unit, a ' Gender equality awareness ' class was conducted.

In accordance with environmental day, cleaning programme were conducted under the guidance of women's study unit.

MOTIVATIONAL CLASS BY REXONA CONFIDENCE ACADEMY 30/11/2022



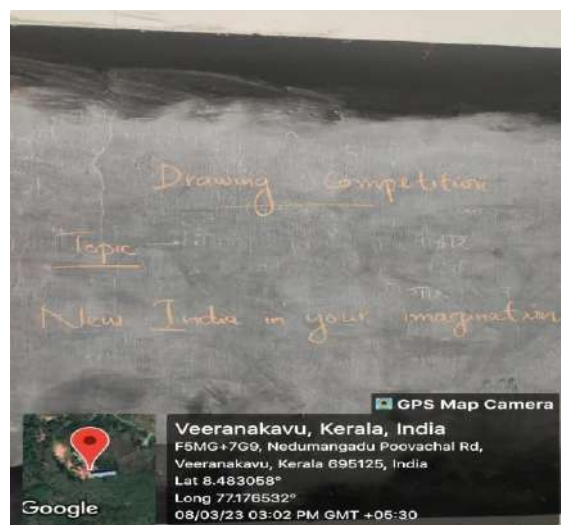
Anju Ben Banu (Rexona Confidence Academy) empowering and motivating the students

SEMINAR ON WOMEN'S SELF DEFENCE (12/12/2022)



A seminar on women's self defence and safety was conducted on 12/12/2022. The session was arranged by Kerala Police Department (Aryankode Police Station). Awareness on importance of self defence , defence mechanisms were taught to the students.

COMPETITION EVENTS HELD ON WOMEN'S DAY (08/03/2023)



Essay writing competition and drawing competition was held on Women's Day. Drawing competition was held on the topic "**New India In Your Imagination**". Essay Competition was held on the topic '**Atrocities against women**'

Women Cell

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2021-2022

During the 2021-22 academic year, under the guidance of women study unit, a class on, ' Career and Entrepreneurship ' was organised on 14/7/21, with 50 students, Dr. Vibi.V (Asst. Prof. WMC of Arts and Science, Pabachamaad) led the seminar. With 45 students on 12/1/22 at 10 am, Dr. Mridula (Rtd. Prof. M.G college TVM) led a seminar on 'Confidence and Self esteem'. In connection with environmental day, an enlightening clan was again conducted followed by the distribution of plant shoots

A class on Career and Entrepreneurship



Women Cell
ANNUAL REPORT
2020-2021

During the 2020-21 academic year, an insightful clan exclusively for girls as 'parenting and dynamic ' was conducted on 5/8/20 at 10'o clock. This online clan attended by 33 students, was headed by Dr. Vidhu S.S (Asst. Prof. Nanjil Catholic College).

On 11/1/21 at 11 am , a seminar on ' Time Management and Productivity ' was organised for 2nd year female students. With 33 students, the section was engaged by Dr. Suma V.K (Muslim art college).

In accordance with the Women's day, Poetry and Prose writing competitions were conducted for students and winners are rewarded.

In connection with environmental day, an enlightening clan was again conducted followed by the distribution of plant shoots.

Women Cell

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2019-2020

Increasing awareness on gender equality by conducting various programmes. Celebrating International Women's Day in a grand manner to motivate the girl students and the faculty members. Women faculty members will be encouraged to present papers in conferences national and International seminars. Encouraging women to play a lead role in all college related activities and social activities. The college seeks to increase the number of girl students and the female faculty members in the campus. Conducted an awareness programme on sexual harassment and self-defense for girls. The college women cell envisages conducting seminars, debates, discussions, counselling etc to generate awareness of social problems and to empower female students to overcome them.

Gender equity awareness class



Dr. Anju L.S (Asst. Prof. WMC of Arts and Science) led a section for students on 'Understanding Gender roles'



Debate on Gender Equity

Women Cell

ANNUAL REPORT

2018-2019

The institute organizes several training programmes, seminars, workshops etc. on gender equality and sensitization and also celebrated women's day. Ensuring the integration of gender dimension in social activities in the campus. Conducting activities by Women's cell to encourage girl students to improve their competitive spirit in approaching life. In view of admitting more number of girl students transportation facility to be introduced. Women's cell to be reconstituted and strengthened to take care of the welfare of the female and the faculty members. Counselling for students by a psychologist will be arranged. Yoga for students with the view of helping them to maintain their physical and mental health to be introduced. Providing exposure to the students to foreign avenues by introducing study abroad programmes. With an aim of increasing the confidence, communication skills will be boosted for the students through the training. Provide specific courses dedicated to gender issues. Conducted an awareness programme on Save the Girl child.



Awareness programme on Save the Girl child